

# Know Where to Go for Care

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| ↓ Health Concern                                                         | GO TO → | Emergency Department | Urgent Care Centre | Primary Care |
|--------------------------------------------------------------------------|---------|----------------------|--------------------|--------------|
| Allergic reactions or skin rashes                                        |         |                      | ✓                  |              |
| Annual physicals, vaccinations                                           |         |                      |                    | ✓            |
| Asthma attacks                                                           |         |                      | ✓                  |              |
| Broken bones                                                             |         |                      | ✓                  |              |
| <b>Chest pain or abdominal pain</b>                                      |         | ✓                    |                    |              |
| Colds or flu-like symptoms                                               |         |                      |                    | ✓            |
| Cuts that may need stitches                                              |         |                      | ✓                  |              |
| Earaches or eye injuries                                                 |         |                      | ✓                  |              |
| Infections                                                               |         |                      | ✓                  |              |
| <b>Internal bleeding</b>                                                 |         | ✓                    |                    |              |
| Long-term/chronic health care management                                 |         |                      |                    | ✓            |
| <b>Major trauma (needing immediate life-saving medical intervention)</b> |         | ✓                    |                    |              |
| <b>Mental health concerns</b>                                            |         | ✓                    |                    |              |
| Minor burns                                                              |         |                      | ✓                  |              |
| Nose and throat complaints                                               |         |                      | ✓                  |              |
| <b>Numbness or weakness in arms or hands</b>                             |         | ✓                    |                    |              |
| <b>Pregnancy-related emergencies</b>                                     |         | ✓                    |                    |              |
| Prescription refills                                                     |         |                      |                    | ✓            |
| <b>Seizures or stroke symptoms</b>                                       |         | ✓                    |                    |              |
| <b>Shortness of breath</b>                                               |         | ✓                    |                    |              |
| Signs of urinary tract infections                                        |         |                      | ✓                  | ✓            |
| Skin conditions or minor injuries such as sprains and strains            |         |                      |                    | ✓            |
| Unexplained changes in weight or energy level                            |         |                      |                    | ✓            |

## Know Your Health Care Options

### Primary Care: Family Doctor, Nurse Practitioner or Walk-In Clinic



**Non-emergency health issues?** See your family doctor, nurse practitioner or walk-in clinic.

Please ask walk-in clinic staff to share care details with your family doctor.

If you do not have a family doctor or nurse practitioner and live in Brampton, North Etobicoke, West Woodbridge or Malton, **Access Primary Care** can help find the right provider for you.



[centralwestoht.ca/accessprimarycare](https://centralwestoht.ca/accessprimarycare)

### Pharmacist



Your neighbourhood pharmacist is authorized to prescribe drugs for treating specific minor health problems. View the full list of how they can help on the Ontario College of Pharmacists' website **ocpinfo.com**.

### Urgent Care Centre Peel Memorial

OPEN 24/7



Use the Urgent Care Centre for **urgent** but **non-life-threatening** illnesses or injuries.

### Emergency Departments Brampton Civic or Etobicoke General

OPEN 24/7



Go to the Emergency Department for **medical emergencies, serious injuries or conditions**.

**Babies six months of age or younger must go to the Emergency Department.**

**Still unsure? Go to the nearest Emergency Department or call 9-1-1.**



William Osler  
Health System



Central West  
ONTARIO HEALTH TEAM